

Dickinson High School

Golf

Mission Statement

The purpose of the Dickinson High School golf program is to develop student athletes, positive attitudes, learn how to work in a team environment, set short and long-term goals, and better oneself through discipline, accountability and responsibility. The expectation is that all members of the team always represent Dickinson High School in a positive manner. **Have fun!**



Golf

Rules and Procedures

General:

1. Respect yourself
2. Respect others
3. Respect all facilities
4. Be on time
5. Be prepared
6. Pass all classes
7. Come to class everyday (discuss any conflicts before the conflict occurs)

Dry Lands:

Dry lands are a time that we are not able to golf. During this time golfers will run, lift weights, do core/AB work and a variety of other exercises that increase strength and flexibility. All golfers are expected to give 100% during this training, whether we are in season or out of season. Students must:

1. Come every day with the following equipment: athletic shoes, athletic shorts, t-shirt (school appropriate and a water bottle.
2. Stretch as a team. The team Captains will lead the stretches every day.
3. Participate in all team activities.

Golfing:

The season is long. We start at the beginning of September and do not finish until the end of February. Students must:

1. Come every day with the correct equipment: Golf clubs (on Monday, Tuesday and Thursday kept in locker), athletic shoes, athletic shorts, t-shirt and a water bottle,
2. We will stretch as a team. The team Captains will lead the stretches every day.
3. Participate in all team activities.

Bus Riding:

Behavior and expectations while on the bus:

1. Be on time to the bus every day for every event.
2. Stay seated while on the bus.
3. Keep all body parts in the bus at all times.
4. No disrespectful motions or gestures towards other vehicles near or around the bus.
5. Remove all trash from bus.

Golf Tournaments:

Golf Tournaments are for competition and are an important part of the season. This is a time to focus mentally and prepare yourself to play the best that you can, by giving 100% effort 100% of the time. Golfers are expected to:

1. Respect all facilities.
2. Stretch as a team before the tournament starts.
3. Warm up as a team in our assigned area.
4. Be respectful to all officials, coaches and other teams.
5. Cheer for your teammates!
6. Finish the round, never quit.

Requirements for Lettering:

The requirements for lettering for Dickinson High School golf are as follows:

1. Athlete must attend 90% of practices.
2. Athlete cannot miss any tournaments.
3. Athlete cannot fail any class for a nine weeks during the entire season.
4. Athlete cannot be sent to ISS or be suspended from school.
5. A golfer who qualifies for varsity regionals will letter, as long as rules 1-4 are met.
6. Any athlete that plays golf for three consecutive years, with one year at the varsity level may also letter.

Grades:

Academics are the first part of being a **student** athlete. If you must attend tutorials, **you** must inform the coach prior to missing practice. If you miss the bus for any reason or must miss practice for any reason you must contact the coach and report to Competition gym.

Golf grade is calculated weekly. 10 points each day, 5 for participation and 5 for proper attire.

General information:

Practice – starting 9/3/2019, we will ride a bus to the Texas City golf course. The bus will leave at 2:00 PM, from the parking lot near the competition gym. The bus will return to DHS between 4:00 and 4:30 PM. All golfers must have a current DISD physical on file with Athletic Trainers, by 8/30/2019 to participate in practice and tournaments, if this requirement is not fulfilled the student will be removed from the class.

Practice Schedule:

Monday: At Texas City Golf Course

2:20 – 2:30 stretch

2:30 – 3:30 driving range

3:45 – bus will return DHS

Tuesday: At Texas City Golf Course

2:20 – 2:30 stretch

2:30 – 3:30 chip and putt course

3:45 – bus will return DHS

Wednesday: at DHS meet in CT-110 (bring wedge and putter)

1:50 – 2:30 chip on field outside CTE hall, putt in class on rainy days.

Thursday: At Texas City Golf Course

2:20 – 2:30 stretch

2:30 – 4:00 play nine holes

4:00 – bus will return DHS

Friday: in small weight room

1:50 – 2:00 stretch

2:00 – 2:30 weights

Removal from team:

Golfing for the high school is a privilege. Students will abide by all the rules and meet all the expectations mentioned in this packet.

Breaking any of the rules or not following all the expectations are grounds for removal. An assignment to DALC is immediate removal from team. Excessive days in ISS (for any reason) is grounds for removal. Excessive failing grades (ineligibility) is grounds for removal.

Failure to comply with the above rules and expectations will result in one of the following consequences: running, push-ups after practice, extra dry land exercises after practice, suspension from a tournament or removal from team.

I have read and understand the Dickinson High School golf team rules, policies and guidelines and agree to follow all rules, policies and guidelines.

Dickinson High Golf team student/parent agreement.

Student (printed name) _____

Student Signature_____

Student Cell_____

Student Email_____

Parent (printed name) _____

Parent Signature_____

Parent Cell _____

Parent Email _____

Remind 101 information.

Text message: @jbruys

To number: 81010